

# Same Day Clinic

Monday–Sunday 8am – 5pm

For Same Day Clinic appointments call  
**510-437-8500**

Monday – Friday 6am – 7pm

Saturday 6 – 2:30

Sunday 8 – 2:30

The Same Day Clinic in the Highland Care Pavilion provides you with medical care for serious, but non-emergent illnesses or injuries.

FREE Confidential HIV testing is available at the Highland Adult Immunology Clinic, walk-ins welcome!

Alameda Health System is your resource for health and wellness issues.

Over 30 languages are spoken here.

خدمات الترجمة الشفوية المتوفرة يرجى الاتصال بالرقم 510-437-4491

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如您需要免費口譯服務，請致電510-437-4491。

لطفاً به 510-437-4491 اگر به زبان دری ویا فارسی به ترجمانی ضرورت دارند تيلفون در تماس شوند.

अनुपवाट सेवाओं केला इस नय कॉल 510-437-4491

အခမဲ့ဝဘာဝန်ခံဆောင်ရွက်ပေးနိုင်ပါသည်။ (၅၁၀)၄၃၇-၄၄၉၁

नीसुल्क होभापे सेवाहरु उपलब्ध छ कृपया यो नम्बरमा फोन गर्नु होस ५१०-४३७-४४९१

Para servicios gratis de interpretación por favor llame al 510-437-4491

Dịch vụ phiên dịch xin gọi 510-437-4491

For all appointments call

**510-437-8500**

Monday – Friday 6am – 7pm

Saturday 6 – 2:30

AHS serves all patients regardless of ability to pay. Sliding scale discounts are available for eligible low-income patients. To learn more, please make an appointment with our financial counselors.

Insurance: MediCal, MediCare and most other insurances are accepted as well as self-pay.

All services at all facilities are available for all, including patients experiencing homelessness.

*If you need medical advice after hours, call your clinic.*

## Your Patient Centered Medical Homes



 **HighlandWellness**



 **EastmontWellness**



 **HaywardWellness**



 **NewarkWellness**

*Caring, Healing, Teaching, Serving All*

For appointments call  
**(510)437-8500**

All facilities include the following services

- Adult Primary Care Clinic
- Pediatric Clinic
- Women's Clinic
- Breastfeeding Support Services
- Diabetes Education
- Digital Retinal Screening
- Immunizations
- Laboratory Services
- Mental Health Counseling
- Nutrition
- Obstetrics & Prenatal Intake
- Podiatry
- Healthcare for patients experiencing homelessness
- TB Testing and Screening
- Weight Management

Specialty Services are available at various locations; call **(510)437-8500** for the nearest facility to meet your specialty needs

- Dermatology
- Mammography
- Optometry
- Orthopedics
- Pediatric Dental
- Radiology
- And MORE



[www.highlandwellnessahs.org](http://www.highlandwellnessahs.org)

Highland Wellness

1411 E. 31<sup>st</sup> Street  
Oakland, CA 94602

**Adult Primary Care (510) 437-5039**

**Women's (510) 437-4778**

**Pediatrics (510)437-4877**

Parking is available in the hospital garage. The entrance is on E. 31st St. Free BART shuttle between the Lake Merritt station and Highland, Monday – Friday 6:00am – 8:00pm. AC Transit bus service: the 62 stops at Highland. The 11 & 57 stop on the corner of 14th Ave. & E. 31st St.

*Appointments Available at All Highland Wellness Clinics*

Monday – Friday 8:30am – 5:00pm  
and

Pediatrics Saturdays 8:30am- noon and  
Women's Saturdays 8:30am-4:00pm



[www.eastmontahs.org](http://www.eastmontahs.org)

Eastmont Wellness

Eastmont Town Center  
6955 Foothill Blvd.  
Oakland, CA 94605  
**(510) 567-5700**

Eastmont Wellness is in Oakland with free parking and easy access via AC Transit lines: 40, 43, 57 & 58. From the Coliseum BART station, transfer to bus line 50 Eastbound

*Appointments Available*

Monday – Saturday 8:30am – 5:00pm



[www.haywardahs.org](http://www.haywardahs.org)

Hayward Wellness

664 Southland Mall Drive  
Hayward, CA 94545  
**(510) 266-1700**

Hayward Wellness at Southland Mall provides free parking for patients and families. Hayward Wellness is accessible by taking BART to the Hayward Station Transfer to bus line 22. Off-board at Southland Dr: California Bank (Southland Mall) a six-minute walk from the Wellness Center.

*Appointments Available*

Monday – Friday 8:45am – 5:00pm



[www.newarkahs.org](http://www.newarkahs.org)

Newark Wellness

6066 Civic Terrace Avenue  
Newark, CA 94560  
**(510) 505-1600**

Newark Wellness in Newark offers onsite parking. Or take AC Transit bus lines: 20, 27 or 29. From the Union City BART station, transfer to bus line 20 southbound towards Newark Civic Center.

*Appointments Available*

Monday – Friday 8:30 – 5:00pm

*Some appointments available on Saturdays and evenings*