



A member of Alameda Health System

NewarkAHS.org

ABOUT US

NEWARK WELLNESS, located in Newark, California, is a proud member of the Alameda Health System (AHS) network of community-based wellness centers offering primary care and medical specialties. Neighborhood-based, Newark Wellness gives local residents ready access to primary and specialized care by world-class physicians, specialists and other caregivers. Newark Wellness also provides patients preventive care and referrals for specialized care throughout the powerful AHS network and in other community-based clinics.

SERVICES

Newark Wellness provides a full range of medical services and referral options. Offerings include adult primary care, pediatrics, medical counseling, immunizations, lab work, radiology, digital retinal screening, TB screening, podiatry and nutrition services.

Newark Wellness also offers essential **women's health services**, including gynecology, mammograms and family planning. Obstetric and prenatal care includes lab tests, health evaluations, physical exams and nutritional guidance, with caregiver teams made up of a midwife, a doctor, a social worker, a nutritionist and a health educator. Prenatal classes and "centering" services (such as learning care skills and mother support networks) in group and individual care settings are also available.

Through AHS, certified medical interpreters provide **translation services** in 26 languages. Translation services cover such topics as pre-surgery instructions, admission and discharge, and preventive health measures. Moreover, the diversity of its staff mirrors the diversity of the community.

WHO WE SERVE

The staff is experienced in understanding and meeting the needs of a richly diverse community and strives to be the health care provider of choice for those newly insured under the Affordable Care Act. Newark Wellness welcomes all who seek care regardless of their economic or social status.

NEIGHBORHOOD HEALTH HOME

Newark Wellness is a Medical Home for patients with a full range of services with 16 examination rooms, an imaging suite, a health education/conference area, and more. The benefits for patients include:

- Access – Patients have easy and timely access to the doctor and care team.
- Care – Comprehensive services are provided for specific patient health needs.
- Collaboration – Ongoing and timely communication is provided for patients and their families.
- Engagement – Patients receive accurate communication about patient health and help with setting goals for healthy living.
- Experience – A professional staff utilizes extensive resources and provides culturally and linguistically appropriate services.
- Teamwork – The care team includes health educators, optometrists, podiatrists, clinical pharmacists, nutritionists, dentists and mental health counselors.
- Technology – The latest health information technology is used for record keeping, guidance on recommendations, and coordination of care.

WHO DO I CALL?

Appointment: 1-510-437-8500, 7 a.m.-7 p.m. weekdays